

ADOLESCENT PROGRAMS

Adolescent substance abuse programs provide treatment for adolescents and their families. Outpatient services, crisis intervention, and residential treatment services are offered in our urban and rural communities.

Program Goals:

- Provide developmentally appropriate substance abuse treatment services for adolescents throughout the County
- Increase access to care by reducing wait times to entering programs
- Help youth reach their full potential by ensuring 35% of participants either complete program and/or demonstrate progress
- Promote self-sufficiency by ensuring at least 90% of participants either remain in school and/or educational setting
- Contribute to the decrease in crime by ensuring 90% of participants have no new arrests

NON-RESIDENTIAL SERVICES

CENTRAL

McAlister Institute (MITE)

North Central Teen Recovery Center
7867 Convoy Court, Building #5, Suite 302
San Diego, CA 92111
Tel: (858) 277-4633 Fax: (858) 277-4933

McAlister Institute's Palavra Tree

Central South Teen Recovery Center
1212 South 43rd Street, Suite C
San Diego, CA 92113
Tel: (619) 263-7768 Fax: (619) 262-5040

NON-RESIDENTIAL SERVICES (cont'd)

McAlister Institute's Palavra Tree

Central North Teen Recovery Center
4001 El Cajon Boulevard, Suite 206 and 207
San Diego, CA 92105
Tel: (619) 280-2300 Fax: (619) 280-2345

Union of Pan Asian Communities (UPAC)

(Drug Medi-Cal only)
3288 El Cajon Boulevard, Suite 13
San Diego, CA 92104
Tel: (619) 521-5720 Fax: (619) 521-5728

EAST

McAlister Institute (MITE)

East County North Teen Recovery Center
550 Fesler Street, Suite G-3
El Cajon, CA 92020
Tel: (619) 588-5361 Fax: (619) 588-5421

Satellite Program

Chaparral High School
1600 North Cuyamaca Street
El Cajon, CA 92020
Tel: (619) 588-5361 Fax: (619) 588-5421

McAlister Institute (MITE)

East County South Teen Recovery Center
7800 University Avenue, Suite A-1
La Mesa, CA 92115
Tel: (619) 465-4349 Fax: (619) 465-4739

NORTH

Mental Health Systems, Inc. (MHS)

North Inland Teen Recovery Center
340 Rancheros Drive, Suite 166
San Marcos, CA 92069
Tel: (760) 744-3672 Fax: (760) 744-6182

McAlister Institute (MITE)

North Rural Teen Recovery Center
323 Hunter Street
Ramona, CA 92065
Tel: (760) 788-6520 Fax: (760) 788-4790

NON-RESIDENTIAL SERVICES (cont'd)

Phoenix House of San Diego

North Coastal Teen Recovery Center
785 Grand Avenue, Suite 220
Carlsbad, CA 92008
Tel: (760) 729-2830 Fax: (760) 729-2798

SOUTH

McAlister Institute (MITE)

South Bay East Teen Recovery Center
2429 Fenton Street, Building 5
Chula Vista, CA 91914
Tel: (619) 482-9300 Fax: (619) 482-9333

Satellite Program

629 3rd Avenue
Chula Vista, CA 91910
Tel: (619) 691-1045 Fax: (619) 691-1491

COUNTYWIDE

Vista Hill Foundation

Perinatal Case Management
4900 Williams Ave.
La Mesa, CA 91942
Tel: (619) 668-4265 Fax: (619) 668-4264

RESIDENTIAL SERVICES

COUNTYWIDE

McAlister Institute (MITE)

Adolescent Group Homes
Tel: (619) 442-0277 ext. 121
(Call for locations)

Phoenix House Academy of San Diego

23981 Sherilton Valley Road
Descanso, CA 91916
Tel: (619) 445-0405 x4671 Fax: (619) 445-9028

"The solution to adult problems tomorrow depends on large measure upon how our children grow up today."

-- Margaret Mead, Anthropologist

WHATEVER YOU DO,
DON'T GIVE UP



That child who upsets you so much is the same little boy or girl who, only yesterday, gave you such joy. They are in way over their heads, and they never needed you quite as much as they need you now. No matter what they say...

--Partnership for a Drug-Free America



All programs listed in this pamphlet receive funding by contract with the County of San Diego. Services are provided without discrimination on the basis of age, sex, race, disability, or inability to pay. Bilingual (Spanish) services are available. Client fees are waived for Medi-Cal eligible persons participating in Medi-Cal certified services. Services are not denied if the individual is unable to pay.

Programs are organized by region but services may be sought at any location.

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County of San Diego Health and Human Services Agency



BEHAVIORAL HEALTH SERVICES

3255 Camino Del Rio South
San Diego, CA 92108
(619) 563-2700

ACCESS & CRISIS LINE

1-888-724-7240

www.sandiegocounty.gov/hhsa/programs/bhs

DIRECTORY OF ADOLESCENT SUBSTANCE ABUSE SERVICE PROGRAMS

